

NA H&I Young People's Meeting Proposal

Date: 12/14/2021
To: Boulder Area H&I Subcommittee
From: Mindy Z, Kat M, and Brian S
Re: Proposal for H&I Subcommittee Consideration

I. Targeted Attendees:

- A. Local rehab and treatment centers with populations of young people.
- B. Open Young People H&I Meeting for local community members: (focused on teens and people in their twenties).
- C. All addicts welcome regardless of age.

II. Purpose:

- A. To provide an H&I meeting that emphasizes topics and experiences relevant to people in their teens and twenties who are in rehab and recovery houses.
- B. To carry the message of recovery to an underserved population who are unable to come and go freely.

III. Proposed Meeting time and Location:

- A. Boulder Alano Club – 4800 Baseline Rd- 102, Boulder, CO 80303
- B. Friday's 7:00PM-8:00PM

IV. H&I Panel Members and Format:

- A. At each meeting there will be 2 to 3 panel members (men and women) who got clean young in life.
- B. There will be a conscious effort to create diversity of panel members, by pairing men and women, people with varying degrees of clean time, and different ages.
- C. The following people have agreed to serve on the panel:

1. Ryan B.	6. Adam R	10. Skye N
2. Sam L	7. Chuck C (sub)	11. Megan B
3. Rich W	8. Kat M (possible	12. Rebecca S
4. Darby C	Panel Coordinator)	13. Liz E
5. Rob L	9. Emily I	14. Larissa B.
- D. The panel is open to others that are interested.

V. Rehabs who have committed to participating:

- A. Sandstone Care Boulder, Rose House
- B. Additional facilities will be invited to participate.

VI. Costs:

- A. Boulder Alano Club \$50 monthly (\$600) annually.
- B. Boulder Alano Club (Twelve Step Recovery Meetings) has approved a set amount for the large room for NA H&I Young People's Meeting.
- C. BASC has approved temporary funding through March 2022.

VII. Background on process and other factors for consideration:

- A. This has been a collaborative process of Kat, Brian, Bill, and Mindy that included multiple contacts to Young People's Rehabs, Recovery Homes and CU to meet the needs of youth/young adults in recovery.
- B. The response from contacting facilities were all similar.
 - 1. They are interested.
 - 2. There is a need for a meeting for young people.
 - 3. They cannot host a meeting due to Covid restrictions (limiting community access) and/or lack of space to facilitate.
 - 4. There are soaring increases in addiction and mental health with our youth and young adults.
- C. These times are unprecedented, and our communities are facing new challenges exacerbated by Covid. To meet the needs of the time, recovering addicts have been thinking outside of the box to create meeting space.
- D. A creative solution was formed to create a meeting targeting rehabs, treatment centers, and recovery homes. They could bring clients to us for a NA H&I meeting targeting Young People.
- E. The idea has been received with enthusiasm and commitment by Sandstone and the Rose House. Other groups will be contacted/invited if the proposal is approved by the H&I Sub Committee.
- F. Open H&I meetings are not unprecedented in the Boulder Area pre-covid: the ARC, Centennial Peaks and Ready to Work were all open meetings.
- G. H&I can serve several facilities that currently will not allow us in due to Covid. Plus, we wouldn't have the volunteers to bring meetings into all of these facilities in the 1st place.

VIII. Actions to take if the proposal is approved:

- A. Formally Elect Panel Coordinator - Kat M. has expressed interest.
- B. Conduct H&I Training for new Panel Members – Recent training is online and has been recorded.
- C. The Panel Coordinator will organize and schedule Panel Members.
- D. A format needs to be created and approved/adopted.
- E. A meeting will begin in January 2022 (date to be determined).
- F. The H&I Subcommittee will receive updates during regular scheduled meetings.